

## Coronavirus and Stopping the Spread of Infection

### FACTS YOU SHOULD KNOW

The virus that causes COVID-19 spreads from person to person, mainly through respiratory droplets produced when an infected person coughs or sneezes. It can also be spread when an infected person talks or shouts. These droplets can land in the mouths or noses of people who are nearby or it can possibly be inhaled into the lungs.

Not all infected people demonstrate symptoms and they can spread the disease without knowing it.

COVID-19 infections in the elderly or medically compromised can result in serious symptoms and potentially lead to death.

At this time, there is no vaccine.

### PREVENTING THE SPREAD OF CORONAVIRUS

To help prevent the spread of COVID-19, you should:

- Always cover your mouth and nose with a mask when around others. The CDC recommends that people wear masks in public settings and when outside of their household, especially when other social distancing measures are difficult to maintain.
- Clean your hands after contacting a surface that others may have touched, either by washing with soap and water for 20 seconds or using a hand sanitizer that contains at least 60% alcohol. Hand sanitizer is preferred.
- Put distance between yourself and other people (at least 6 feet) and do not associate with people who are sick.
- Do not socialize with others if you are not well, even if you think it is something other than coronavirus.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces daily.
- Masks may help prevent people who have COVID-19 from spreading the virus to others.

I have read this information.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Print Name \_\_\_\_\_

Resident's Name \_\_\_\_\_